

UTAH DEAF CAMPERS

Deaf & Wilderness Camping | Snowshoe at Spruces | 1/25/25 Cornhole Pics

What to bring for Snowshoe at Spruces Campground

Its only a a week before we all meet at Spruces Campground to go Snowshoeing on the trails near this campground. It will be exciting and a lot of energy to move around in the soft snow. Here are some things you need to bring for this event:

1. Layered clothing is critical in cold environments. Start with thermals, shirts and pants, warm socks, warm jacket and pants.snow boots or waterproof hiking shoes. Hand or foot warmers, if needed.
2. Bring extra dry clothes, dry socks, and dry shoes



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I asked my dad to drop me and my laser sailboat off at a remote lake in Arizona. I told him I would stay for a couple of nights on an island in the middle of this lake. All I can say about this is WOW! It was very intimidating to be in the middle of a lake all alone and not be able to hear what bumps during the night. What made it worst were the shadows dancing on the tent was by the campfire. It scared the beejeebees out of me.

I did learn a few things about wilderness camping from those nights alone on the lake island. It is my hope you can pick up a few important things about wilderness camping as a deaf person or even hard of hearing too. Wilderness Camping does not need to be scary for someone who is deaf . Heres some hints below for a deaf person or friends wanting to camp in the wilderness.

Tips for camping with hearing loss

3. because layered clothing do get wet!
4. Snowshoes and poles, either bring your own or rent from Ski Stores. Make sure they are in good shape and can support your weight in snow.
5. Bottled water, energy drinks, energy snacks, candy bars, or trail food

1. COME UP WITH A PLAN - Do research on the internet, look at trail maps, look at maps, amenities offered by campground where you want to stay at, create food, clothing, and camping gear checklist.
2. CREATE SAFE SPACES FOR HEARING TECHNOLOGY - Wet hearing aids do not work! :) Find a dry container that can keep valuables dry such as wallet, key fob, electronic items, watch, and don't forget, hearing aids and extra hearing aid batteries.
3. LET PEOPLE KNOW WHERE YOU'RE GOING - Too many people get lost in the wilderness and their friends or family members could not find them. Be sure to let someone, friends, parents, or neighbors where you plan to go and how long you plan to stay in the wilderness before going on the exciting camping trip.
4. PAY MORE ATTENTION TO YOUR WORKING SENSES - Even though you don't have any hearing, use your other senses that works. Its amazing what you can see, feel, taste, and smell. See land marks, smell the trees, flowers, plants, taste the wild berries, touch the cold river all while you're hiking, to your campground. Use the gps to track your progress or return to the campground or your car.
5. READ INFORMATIONAL SIGNS AND TALK TO RANGERS - Forest Service or department for wildlife resources are good places to go for additional information about location you want to visit.
6. TAKE A FURRY COMPANION - This is a plus for anybody that do not have hearing. Its amazing to see what your furry companion can hear beyond the tent walls or while you're hiking down the trail among thick vegetation. I think Ive seen more animals with my dog walking along side with me. :)
7. OVER LOAD ON FLASHLIGHTS AND LAMPS - This absolutely a must! Bring several light options like flashlights, lamps, propane lamps, matches for campfires, lanterns, glow sticks, and anything else you can find. My favorite were the 12" mag lights. They're so bright that it makes everything visible in the dark.
8. HAVE FUN - If you follow some of the suggestions above, hearing loss is. No reason not to walk through the wilderness area through the trees, see the deer meandering in the meadows, native plants going along the cool stream banks,

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