



PLANNING



PREPARING



EXECUTE
(START)



UDC NEWSLETTER



Now That Spring is Here...

What should we do while the flowers are blooming, the birds returning from warmer climates, and animals waking up from their long hibernations? Planning is probably the first thing people do when Spring rolls around. You ask, **“What do we plan for?”** That is a legitimate question, seriously.



We hear quotes like “**Living outdoors is a life well lived**”, “**Seek adventures that open your mind**”, or “**The journey of a thousand miles begin with the first step**” to name a few quotes. But guess what? To make plans happen, it takes some serious **planning**, right? With all the amazing technologies that we have, we can plan for something or anything. Most of us would go to the internet and search for things that tickle our fancy.

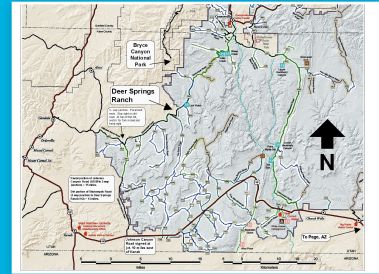
In my case, I love sailing, lighthouses, and waterfalls. The internet is a great place to find places that have waterfalls, sailing, or lighthouses. In short, we can find out about anything on the internet like roadtrips, rafting adventures, and etc. I found one site that showed a roadmap of waterfalls right here in Northern Utah. Because of the internet, I also found a place that lets people who stay at a certain resort can use their fast and powerful 16’ Hobie Cat sailboats at no cost.

Ok, now that we found what we want to do for Spring or Summer, whats next? We start **preparing** for the event, trip, or activity. For example, to go mountain biking on the infamous Guardsman Trail behind Park City Ski Resort, the biker would need to get the bikes down from the racks in the garage and take it to the bike shop to get the bikes tuned up, adjusted, and lubricated. Maybe even do some short practice mountain biking on some mountain bike trails.

Now that the **planning** and **preparing** are done, the next step would be **executing (starting)** the plan. In the case of sailing, the sailor would get on the plane, fly to St Lucia, and check into the resort. The following morning, eat a healthy breakfast. Once the meal is done, run to the outdoor equipment desk and check out the 16’ Hobie Cat. Now the Hobie cat is all set and ready, lick your finger, stick it in the air, and see which way the brisk breeze is blowing. Put the sailboat on the water and fill the sail with the brisk breeze. Of you go to the small island spotted cross the azure sea. This was all done with a lot of **planning, preparing, and executing** the plan for sailing. The same could be said for any adventure, activity, or event.

In conclusion, Ive heard of this quote so many years ago and live by this quote, “**The better the plan, the more you will see or do!**”. Im not sure who said this but I can tell you that it really works. **Planning, prepping** and **executing** any plan will make the difference between a terrible roadtrip or a great roadtrip, a boring activity to an amazing activity, or a lousy adventure to an exciting adventure. Trek on, everybody!

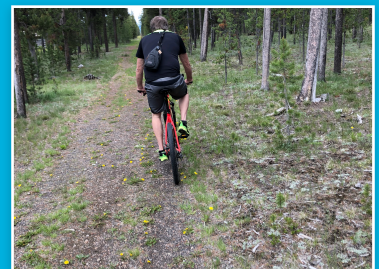
Bryce Canyon Roadtrip



Adam Falls



Guardsman Trail



APRIL 26

To play in the tournament, mixed double player teams can be male/male, male/female, or female/female
Rent set of 4 corn hole bags from UDC \$5 or bring your own bags.

\$40 per team (mixed)

Pool of \$\$\$ will be divided up for 1st, 2nd, 3rd places (50%/25%/10%)



UDC CORNHOLE TOURNAMENT
Saturday 4/26/2025 starts - 9am ends - 4pm



Deaf Center Gym, Taylorsville, UT
5709 South 1500 West; SLC, UT 84106

18 yrs or older can play!

Spectators: \$10/participant or \$5/UDC member
\$40/mixed team (two players)
(Lunch and drinks are included)

Mixed Teams must RSVP and pay \$50 by 4/19/2025
questions, call Corn Hole Chairman (801)-528-9834

A FUNDRAISER TO BENEFIT UDC'S ACCESSIBLE NATURE'S MAJESTY

Chili Cook-Off

May 17, 2025

11am to 4pm

Come taste the chili cooked by the competing chefs!

Deaf Center

5709 S 1500 W

Taylorsville, UT 84123

Same time with Spring Festival!



Chili Cook-Off !

May 17, 2025 11am to 4pm

Come taste the chili cooked by the competing chefs!

Members/\$5 Non Members/\$7

Sanderson Community Center; 5709 S 1500 W, Taylorsville, UT 84123

Same time with Spring Festival

Sanderson Community Center of the Deaf and Hard of Hearing presents

SPRING FESTIVAL

- Activities
- Games
- Vendors

**Saturday
May 17, 2025
9 am - 4 pm**



**VENDORS RSVP
BY FRIDAY, APRIL 25TH**

jobs.utah.gov/usor/dhh/events/registration.html



**Education Around the World:
You are the Ambassadors**

Presented by Joel Barish
www.deafnation.com
11 AM - 12 PM

Sanderson Community Center of the Deaf and Hard of Hearing
5709 S 1500 W Taylorsville, UT 84123

For more information, please contact us at DSDHEvents@utah.gov



Equal Opportunity Employer/Program - Auxiliary aids (accommodations) and services are available upon request to individuals with disabilities by calling 801-526-9240. Individuals who are deaf, hard of hearing, or have speech impairments may call Relay Utah by dialing 711. Spanish Relay Utah: 1-888-346-3162.

