



UDC NEWS

Back To Basics Camping



How cool is that? Camping out in the remote wild locations! Did you know this place is right here in Utah? When Heidi (my wife) and I got married we went camping at Emerald Lake near Durango, Colorado for our honeymoon.

**BACKCOUNTRY
CAMPING IN THE
UINTAH-WASATCH-
CACHE NATIONAL
FOREST**

This lake is nestled away in the [Weminuche Wilderness](#), Emerald Lake is a breathtaking site. This stunning alpine lake offers soul stirring views of pristine waters. The rocky formations of the [San Juan](#)

Mountains, lush alpine greenery and crystal waters truly make Emerald Lake a sight to behold.

We hiked to Emerald Lake which is a 20 miles round trip. We turned the hike into an 4 honeymoon night trip, only because we ran out of food. The trail was perfect for novice and experienced backpackers alike. From the trailhead to Emerald lake was 2,000 feet elevation hike. We brought only basics like a tent, food, bedrolls, backpacks, dishes, and matches. An unforgettable experience for us newlyweds for sure.

Back to Basics camping emphasizes a simpler, more rugged approach to outdoor camping,

“Embracing a more hands-on, self-sufficient

focusing on minimizing gear and relying on basic skills for survival

and comfort. It involves leaving behind the conveniences of modern camping gear and embracing a more hands-on, self-sufficient experience.



EMERALD LAKE NEAR DURANGO, CO. THIS LAKE REST AT 10,108 ELEVATION IN THE WEMINUCHE WILDERNESS. ITS A 20 MILE ROUNDTrip HIKE ON THE CRESTED BUTTE TRAIL. IT RISES 2000 FT FROM THE TRAILHEAD TO THIS ROCKY MOUNTAIN LAKE.

Example of a Back to Basics Camping Trip:

- Shelter: A simple lean-to or bivy sack instead of a large tent.
- Cooking: A small portable stove or a fire for cooking, with a focus on lightweight, portable meals.
- Water: Using a water filter or purifying water from natural sources.
- Sleeping: A sleeping bag and a sleeping pad for insulation and comfort.
- Safety: A first-aid kit, navigation tools, and knowledge of basic survival skills.
- Don't forget the matches and be safe while exploring the trails and wilderness.



UTAH DEAF CAMPERS

CHILI COOK-OFF DUTCH OVEN

**Saturday, May 17th
Noon to 4pm**

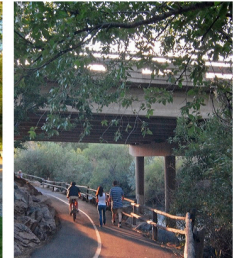
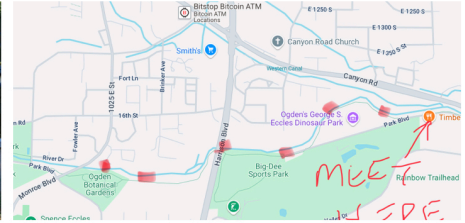
**Sanderson Deaf Center
5709 South 1500 West
Salt Lake City, UT 84123**

Competitors	Non-participants
<p>Do you think you have what it takes to compete?</p> <p>Admissions are free to enter! Prizes will be for three winners!</p> <p>Contact brada@utahdeafcampers.org for FAQ and rules.</p>	<p>are welcome to watch the contest. You can purchase \$5 admission to get a portion of chili! Drinks and sides are provided as well.</p>

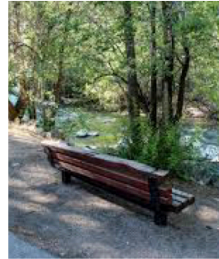
This event is partnered with



DSDHH
DIVISION OF SERVICES OF THE DEAF AND HARD OF HEARING

Ogden River Parkway "Paint the Benches" May 31, 2025 10am



Volunteers, let's get together and make the Ogden River Parkway beautiful again!

...Paint Supplies will be provided...

Free pizza and drinks will be served!

More Info?

Contact Clark at (801)675-1809 text only

Publicrelations@utahdeafcampers.org

Meet at Rainbow Gardens 1851 Valley Dr, Ogden Ut

Sanderson Community Center of the Deaf and Hard of Hearing presents

SPRING FESTIVAL

- Activities
- Games
- Vendors

**Saturday
May 17, 2025
9 am - 4 pm**

**VENDORS RSVP
BY FRIDAY, APRIL 25TH**



jobs.utah.gov/usor/dhh/events/registration.html

**Sanderson Community Center of the Deaf and Hard of Hearing
5709 S 1500 W Taylorsville, UT 84123**

For more information, please contact us at DSDHEvents@utah.gov



Equal Opportunity Employer/Program • Auxiliary aids (accommodations) and services are available upon request to individuals with disabilities by calling 801-526-5286. Individuals who are deaf, hard of hearing, or have speech impairments may call Relay Utah by dialing 711. Spanish Relay Utah: 1-888-546-3562.

